



THE MOLECULE  
SHOWBAR

## MOLECULE WINGS

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Four wings flame grilled or deep fried, tossed in our signature Prego style Peri Peri or BBQ sauce.

**R75**

## RIBS AND WINGS

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400g BRM Ribs with 4 Baron chicken wings in either BBQ or Prego Peri Peri served with shoestring fries.

PORK - **R235** | BEEF - **R285**

## CHEESY CHICKEN TENDERS

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Chicken fillet strips filled with cheese, crumbed and deep fried, served with a sweet chilli sauce.

**R75**

## CURRY OF THE DAY

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Served with Rice.

**R105**

## MOLECULE BEEF OR CHICKEN BURGER

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200g ground steak or butterflied chicken fillet burger on brioche bun, crisp lettuce, sliced tomato, pickled cucumber, Baron burger dressing, crispy fried onion rings and shoestring fries.

**R135**

## SANDWICHES

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*Your choice of brown or white bread, fresh or toasted.  
Served with a choice of coleslaw or fries.*

CHEESE & TOMATO  
**R70**

BACON & EGG  
**R85**

CHICKEN MAYO  
Made with free-range chicken  
**R85**

TM CLUB  
Chicken mayo, ham, cheese, fried egg, tomato and onion  
**R125**

## CHICKEN SCHNITZEL

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Crumbed chicken breast fried golden brown, topped with either creamed mushroom or cheddar and Dijon sauce, served with shoestring fries.

**R130**

## GOOD 'OL FISH & CHIPS

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Pan-fried or battered and deep-fried fillet of hake served with lemon or garlic butter and shoestring fries.

**R165**

## SHOESTRING FRIES

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LARGE - **R60**

SMALL - **R30**